

**Document Generated:** 05/29/2026

**Learning Style:** Virtual Classroom

**Technology:**

**Difficulty:** Beginner

**Course Duration:**

## Thinking with Critical Insight



### About This Course:

In a world brimming with information and divergent perspectives, the ability to think critically is an invaluable asset. Possessing critical insight allows us to discern fact from fiction, make informed decisions, and approach problems from unique angles. To make the best decisions and determine the most efficient and effective course of

action, a deeper situational understanding and innovative outlook are important.

This course will earn you 14 PDUs | 14 CDUs

### **Course Objectives:**

- Apply the four major steps of critical thinking
- Recognize the characteristics of successful critical thinkers
- Explain sources of bias and how to minimize them
- Understand how to apply critical thinking best practices to their own work

### **Audience:**

- Professionals who want to make the best decisions and develop creative and elegant solutions to challenging problems will benefit from this course.

### **Prerequisites:**

- None

### **Course Outline:**

#### An Introduction to Modern Critical Thinking

- The Challenges of Modern Thinking
- Becoming Rational Thinkers
- Open Mindedness and Considering Other Viewpoints
- Non-Linear Thinking

#### Utilizing Analysis and Logic

- The Four Steps to Utilizing Analysis and Logic
- Asking the Right Questions
- Organizing Data
- Evaluating the Information
- Drawing Conclusions Based on Facts

## COACHES Characteristics of Critical Thinking

- Curiosity
- Objectivity
- Active Listening
- Contextualization
- Humility
- Emotional Control
- Self-Awareness

## Critical Thinking Best Practices

- Deep Understanding
- Fail to Succeed
- Be Your Own Socrates
- Look Back, Look Forward
- Engage Change

## Performing Better Evaluations and Analyses

- Influences on Bias
- Making Assumptions
- Limitations on Your Point of View
- Conducting a SWOT Analysis